



GO OUTSIDE | GO TOGETHER | GO THROUGH IT



# TEEN BACKPACK

Teens who have had someone important to them die are invited to join us on the trail for this **FREE** 4-day backpack adventure to experience wilderness, learn something about our grief, and have fun. No experience necessary.

## What to expect:

You will learn backpacking skills including wilderness food prep, camp siting and setup, old school backcountry navigation with compass and maps, leave no trace methods, and staying safe in the wild. Along the way, your curiosity about geology, plants, birds, stars and weather will be stoked.

We will have activities and conversations about grief and how that impacts you as we hike along the trail. You will be with peers who have had people die so you will not have to explain yourself. We believe the best support you can have is each other. you will also be with leaders who have skills and experience in guiding you in the wild and on your grief journey.

**Apply at [wildgrief.org/Teen-backpack](http://wildgrief.org/Teen-backpack)**



## 2023 Trip Dates

- Trip 1: April 6-9
- Trip 2: July 20-23
- Trip 3: July 27-30
- Trip 4: August 10-13

*There is no cost to participate in this program and all food and backpacking gear is provided.*

Thanks to our generous sponsors, all programs are free of charge and supplies are provided!



WA State Parks & Recreation Conservation Office's No Child Left Inside Grant

The Community Foundation of South Puget Sound's 2021 Give Local annual giving campaign

AND, so many individual community supporters!

This is NOT a school-sponsored activity. The Olympia School District has neither reviewed nor approved the sponsoring organization or its program, personnel, and activities announced in this flyer. The sponsoring organization and participants agree to protect, indemnify, and hold harmless the District, its Board of Directors, employees, and agents, from any and all claims, liabilities, damages, expenses or rights of action, directly or indirectly attributed to the organization, or its program, personnel, and activities. Permission to distribute this flyer should not be considered an endorsement or recommendation of the program by the District.

**Applications are accepted on a rolling basis, open until filled.**

**Apply early for the best chance to secure a spot!**

Contact us with questions or for help with the application:  
[info@wildgrief.org](mailto:info@wildgrief.org)  
 360-358-8213 (text/call)

